

Date:

Name:

1 Vision

Handwritten text in the Vision section:

My vision is to be a professional in my field and to help others achieve their goals.

2 Why?

Handwritten text in the Why? section:

I want to achieve this because I have a passion for it and I want to make a difference in the world.

3 Obstacles

Handwritten text in the Obstacles section:

My obstacles are lack of time and resources.

Strategies

Handwritten text in the Strategies section:

My strategies are to create a schedule and to seek out mentors.

4 Limiting beliefs

Handwritten text in the Limiting beliefs section:

My limiting beliefs are that I am not good enough and that I don't have what it takes.

Supporting beliefs

Handwritten text in the Supporting beliefs section:

My supporting beliefs are that I am capable and that I can overcome any challenge.

5 Tactics

Handwritten text in the Tactics section:

Habits: I will wake up at 6 AM every day and exercise for 30 minutes.
Skills: I will take a course in project management.
Who: I will reach out to my mentor for advice.
How: I will use a productivity app to stay on track.

6 90 day action goal

Handwritten text in the 90 day action goal section:

My 90 day action goal is to complete my course and start my own business.

7 Next step

Handwritten text in the Next step section:

My next step is to reach out to my mentor and ask for advice.